



Lancashire
Cricket
FOUNDATION

WALKING CRICKET

ACTIVE OXFORD PARK, POTTINGER STREET, ASHTON-UNDER LYNE, OL7 0PW

Walking Cricket is a fun, social and welcoming format of the game, played at a slightly slower pace and is ideal for men and women aged 50 plus, it is the perfect way to remain involved with the game and meet new people whilst staying active

EVERY FRIDAY FROM 1PM UNTIL 2PM



SUITABLE FOR ALL ABILITIES
IMPROVE PHYSICAL FITNESS
SOCIAL INTERACTION
MEET NEW FRIENDS
HAVE ACTIVE FUN
IMPROVE MENTAL HEALTH

For more information, contact:

EMAIL Kay Floyd

ON kfloyd@lancashirecricket.co.uk

OR CALL 07917 750 924

Lancashire Cricket Foundation is a Company Limited by Guarantee (6394384) and a Registered Charity (1121855).

@lancsFDN

lancashirecricket.co.uk/foundation